

**Seed Starting**

**K-2**

# **Materials:**

* Peat Pots
* Potting soil/ seed stating soil
* Seeds
* Sharpie
* Spray bottle full of water

# **Instructions:**

1. Fill peat pots with potting soil
2. Plants the seeds according to the instructions on the seed packets, the label each cup with the name of the plant on it
3. Spry them with water until soil is damp
4. Cover the pot with plastic wrap

# **At home instructions:**

1. Place it in some spot without light/sun. Don’t put the tray in a sunny spot.
2. Every day, lift the plastic from the cup for an hour. Water the seeds by gently spraying them with water when the surface of the soil looks dry.
3. When green sprouts appear, remove the plastic wrap and place that tray in a sunny spot. Rotate the tray if the seedlings begin to lean so they will grow straight.
4. When the plants are four inches tall, you can transplant them into a larger pot or the ground.
5. Help the adjust by putting the seedlings outside for a few hours each day before you transplant them. After a week, they’ll be ready for planting in your garden